

Asking great questions - prompt sheet

You may find these sample questions helpful when you're supporting your leader in training with the different scenarios she'll face:

- What could you do?
- What are you trying to achieve?
- What options do you have?
- What steps can you take to achieve that goal?
- What skills or knowledge do you hope to gain from this experience?
- What do you think will be the most challenging for you?
- What do you think will be the most rewarding for you?
- What are you the most worried about?
- What did you learn?
- How can you use that new knowledge, skill or ability in the future?
- What was the most challenging for you?
- What was the most rewarding for you?
- What did you learn from facing that challenge?
- What did you learn from that success?
- What is it that you really want to do?
- What are you doing really well that's helping you make progress?
- What are you not doing so well that is holding you back?
- What will you do differently tomorrow to meet those challenges?
- Who could help you with that?