
Introductions

So you've been matched up with a new leader in training - but chances are that you don't know anything about them other than their name and their unit. Why not drop them an email or pick up the phone to introduce yourself? It may be hard to remember what it's like to be new, but don't forget that your leader in training could easily be feeling overwhelmed and might not think of getting in touch. She might not even know that she has a mentor!

Before the introduction

This first introduction matters - it's where you can establish how you're going to work together with your leader in training and sets the tone for your relationship.

During the introduction

A bit about you

Building any relationship requires us to open up and share a bit about ourselves with others. What do you want to share?

Introduce yourself and tell your leader in training about yourself and your role in guiding. You may want to share with them your motivation for becoming a mentor.

A bit about her

A key part of your role as a mentor will be to listen to your leader in training. Asking some great, open questions will put your new leader at ease. Here are some suggestions to add to your own...

- How are you getting on so far?
- What motivated you to get involved in guiding?
- What do you do outside Girlguiding?
- What's your favourite thing to do in summer?

Some things to agree

- Are you both happy with the leader in training/mentor agreement? Run through this together and if there's anything that either of you isn't comfortable with, talk about it now.
- How long will the mentor relationship last?
- How frequently will you meet? Where will you meet? If you can't meet, how will you keep in touch (text, email, Skype or Facetime)?
- Who will do what in terms of arranging meetings and contact times?